

Kenya Johnson, M.P.S.C.

Biography

Kenya Johnson is the founder and president of “The Total Makeover Co, in Detroit, Michigan. She is a certified life coach through Express Coaching, an affiliate of the Certified Coaching Alliance. She is dedicated to seeing the transformation of women of all ages who have been the victims of broken relationships, failed successes, rejection, low self-esteem, physical and mental abuse and more.

Kenya Johnson is passionate about her ministry to women. She has a fervent heart to see women who have suffered physical affliction receive physical healing, women emotionally broken be made whole emotionally and women spiritually weak to walk empowered spiritually. She makes this all possible as a Life Coach, teaching, building and restoring women to meet their full life potential physically, emotionally, and spiritually.

Kenya Johnson herself has gone through The Total Makeover as a single woman and married woman. She has learned through her experience in both areas to live life to the fullest.

Through her time as a single woman she encountered many obstacles that gave her a distorted self-image and low self-esteem. Through the intervention of the Holy Spirit she was able to transform those negative thoughts into positive ones. Transforming her view of herself on the inside and letting it manifest on the outside.

Kenya Johnson's transformation came through the reading of God's word, fasting, praying, change of eating habits and exercise. Through this process came The Total Makeover.

Kenya Johnson is now a wife and mother of three. God has started to perform this process over again showing her how to live a balanced life as a woman, wife and mother.

Kenya Johnson lives in the Detroit area with her Husband (Brian) of fourteen years and their two wonderful sons (Brian II & Brandon) and one daughter (Jocelyn Shamaya).