

# Total Beauty

T H E T O T A L M A K E O V E R C O M P A N Y , L L C

*Contributing  
Writers*

Hope C. Taylor

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## W e l c o m e !

Hello, My name is Kenya Johnson the chief editor and President of the Total Makeover Company. I am so delighted to bring you another newsletter. This is our eighth issue and we are still going strong. Although it has not been easy producing a newsletter every month, we are committed.

I want to thank you again for letting us have the opportunity to share another issue with you. As always, I pray that you are blessed by what you are about to read.

Have an awesome day!

*Kenya J. Johnson*

Kenya J. Johnson, M.P.G.C.

INSIDE THIS  
ISSUE:

Who Am I?	2
Designing Your Perfect Life	2
October Calendar	3
Upcoming Events	3
Word of the Lord	4

## Who Am I?

By: Hope C. Taylor

This is the question we ask ourselves and the question others ask us.

The answer is versatile for there is more to us than what meets the eye, "...For the Lord sees not as man sees; for man looks on the outward appearance, but the Lord looks on the heart." (I Samuel 16:7AMP) In today's society various magazines and various talk shows all try to define who we should be. They say we're too fat, we're too thin, and if you don't like how you look go for an extreme plastic makeover! There is nothing wrong with enhancing our appearance as long as it does not take away from the original person God designed us to be, where we are just another carbon copy. Our character and personality lies in the hands of the one who made us – God, and He alone is the only one who truly knows why He made us to be who we are. So, the next time the question, "Who Am I?" comes across our mind or is brought up in conversation we can simply say without hesitation, I am God's original design.

## Designing Your Perfect Life

BY: Kenya Johnson

Designing your perfect life. I know when you first heard those words or read about them on my website, you thought, how in the world..... I know it sounds too good to be true. You have probably even said there is no such thing." Well, I am here to prove you wrong. Designing your perfect life is not about having enough money as much as it is about believing in yourself. A lot of us have stopped dreaming. For most of us dreaming is just a waste of time. Time you could be spending doing something constructive.

A dream is where it starts. Have you ever heard of a person that started with nothing and because of a dream made things happen? That is what 'Designing Your Perfect Life' is all about, never letting a dream die. It is about working towards those things that bring us pleasure and fulfillment. Have you ever wondered why some people succeed in life and others do not? Well, it is simple, they work hard for what they want and they never give up.

Set goals for yourself and never give up. Learn all you can and use what you have learned to accomplish those dreams. All you have to do is believe in yourself and you can make things happen. If you would like to know more about 'Designing Your Perfect Life' send an email to [kjohnson@thetotalmakeover.com](mailto:kjohnson@thetotalmakeover.com) or call The Total Makeover at (313) 272-0415.

SCHEDULE OF EVENTS
Oct. 2nd @ 6pm— Self -Esteem Group
Oct. 9th @ 6pm — Self-Esteem group
Oct. 16th @ 6pm — Self-Esteem Group
October 23rd @6pm—Self-Esteem Group
October 30th @6pm—Self-Esteem Group
If you would like to become a part of a self-esteem group please email Kenya Johnson at : info@thetotalmakeover.com

October 2006						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Group</i>	3	4	5	6	7
8	9 <i>Group</i>	10	11	12	13	14
15	16 <i>Group</i>	17	18	19	20	21
22	23 <i>Group</i>	24	25	26	27	28
29	30 <i>Group</i>	31				

## U p c o m i n g E v e n t s

Monday	Time	Subject
10/02/06	6pm-7pm	Designing Your Perfect Life
10/09/06	6pm-7pm	Designing Your Perfect Life
10/16/06	6pm-7pm	(Possible Cancellation)
10/23/06	6pm-7pm	Designing Your Perfect Life
10/30/06	6pm-7pm	Designing Your Perfect Life

WE'RE ON THE WEB!  
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**The Total Makeover**  
**"Restoring Beauty from the Inside Out"**

### **My Confession**

*I am fearfully and wonderfully made. God made me in His own image. I will not believe the things that friends, family members, employers, my spouse or the world tell me I am. I will not listen to the distorted views of the world's idea of a healthy self-image. I will not give in to the things that they say. I will look into the mirror and love what I see. I see a woman of God full of power and authority. Devil I serve you notice. You will no longer make me think that I am less than beautiful. In the name of Jesus I bind and rebuke every hindrance, obstruction and blockage that will not allow me to see myself in God's eyes. From this day forward I will see my self in the image of God. AMEN*

## W o r d O f T h e L o r d o n S e l f - I m a g e

***"I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11 (NIV)***

In the Message Bible it reads:

***"I know what I am doing. I have it all planned out—plans to take care of you, not abandon you, plans to give you the future you hope for.***

God knows you inside and out. He knows what makes you tick. He knew you even before you were in your mother's womb. He had a plan for your life before you were even born. Even when you feel that there is no way out of your situation remember that if you trust God, He will take care of you. He will never leave you nor forsake you. He has your destiny all mapped out. All you have to do is trust and believe His word, He will work out the rest.